



National Coaching Accreditation Programme

NCAP THEORY LEVEL ONE COURSE SCHEDULE 2008

Tentative Venue: Civil Service College, 31 North Buona Vista Road

Course Fee: \$168.80 (Staff: \$126.60)

			Course 1.1	Course 1.2	Course 1.3	Course 1.4	Course 1.5	Course 1.6
			7 Jan–28 Jan	26 Feb–27 Mar	21 Apr–14 May	10 Jun–10 Jul	6 Aug–29 Aug	7 Oct–11 Nov
Online registration opens on:			7 Nov 2007	26 Nov 2007	21 Jan 2008	10 Mar 2008	6 May 2008	7 Jul 2008
Closing date:			10 Dec 2007	29 Jan 2008	24 Mar 2008	13 May 2008	9 Jul 2008	9 Sep 2008
	Time	Module	Date	Date	Date	Date	Date	Date
1	7.30pm-10.00pm	PLANNING & SPORTS SAFETY	MON, 7 JAN	TUE, 26 FEB	MON, 21 APR	TUE, 10 JUN	WED, 6 AUG	TUE, 7 OCT
2	7.30pm-10.00pm	ROLE OF THE COACH	WED, 9 JAN	THU, 28 FEB	WED, 23 APR	THU, 12 JUN	MON, 11 AUG	THU, 9 OCT
3	7.30pm-10.00pm	GROWTH & DEVELOPMENT	FRI, 11 JAN	TUE, 4 MAR	FRI, 25 APR	TUE, 17 JUN	WED, 13 AUG	TUE, 14 OCT
4	7.30pm-10.00pm	DEVELOPMENT OF SKILLS	MON, 14 JAN	THU, 6 MAR	MON, 28 APR	THU, 19 JUN	FRI, 15 AUG	THU, 16 OCT
5	7.30pm-10.00pm	ANALYSIS OF SKILLS	WED, 16 JAN	TUE, 11 MAR	WED, 30 APR	TUE, 24 JUN	MON, 18 AUG	TUE, 21 OCT
6	7.30pm-10.00pm	MENTAL SKILLS TRAINING	FRI, 18 JAN	THU, 13 MAR	MON, 5 MAY	THU, 26 JUN	WED, 20 AUG	THU, 23 OCT
7	7.30pm-10.00pm	PHYSICAL PREPARATION 1	MON, 21 JAN	TUE, 18 MAR	WED, 7 MAY	TUE, 1 JUL	FRI, 22 AUG	THU, 30 OCT
8	7.30pm-10.00pm	PHYSICAL PREPARATION 2	WED, 23 JAN	THU, 20 MAR	FRI, 9 MAY	THU, 3 JUL	MON, 25 AUG	TUE, 4 NOV
9	7.30pm-10.00pm	PHYSICAL PREPARATION 3	FRI, 25 JAN	TUE, 25 MAR	MON, 12 MAY	TUE, 8 JUL	WED, 27 AUG	THU, 6 NOV
10	7.30pm-8.30pm	THEORY EXAM	MON, 28 JAN	THU, 27 MAR	WED, 14 MAY	THU, 10 JUL	FRI, 29 AUG	TUE, 11 NOV

Please register online at: <http://sports.ssc.gov.sg>